



Great Moisture Content, Excellent Flaking Quality, Economical and Consistent









SINBAD

SINBAD Wild Caught Atlantic Cod are premium guality, value priced and processed in Asia. Atlantic Cod is a popular whitefish with a mild flavor just like its cousin Pacific Cod but has a firmer texture and slightly lower moisture content. This is an extremely versatile fish that is an excellent alternative to Halibut and responds well to all cooking methods. Our Atlantic Cod produced in Asia is an excellent quality product at a value price point.

TARGET APPLICATIONS

FEATURES & BENEFITS

- Buffets
- Center of Plate
- Staff Meal Solutions

- Premium Quality Raw Material
- Processed Under Strict Supervision

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MEDIUM

Oil Content

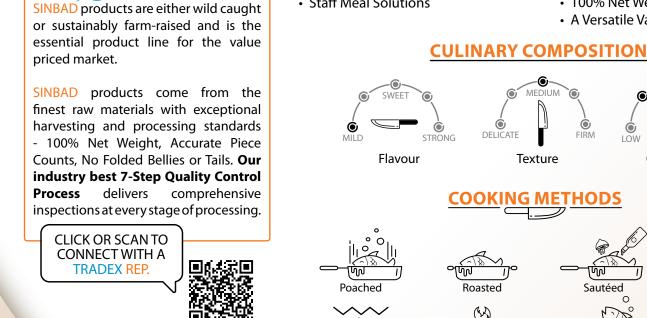
100% Net Weight Guarantee

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LOW

A Versatile Value Priced Protein





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STRONG



Grilled

90 FORM % Daily Values

LOINS

PORTIONS

Baked

SIZES 30z, 40z, 50z, 60z, 70z, 80z

2oz, 2-3oz, 4-6oz

Broilec

SPECS **IQF, SKLS, BNLS IQF, SKLS, BNLS**

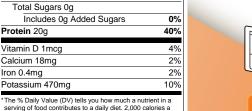
Fried

PACK 1x10lb

1x10LB

MENU IDEAS

 Grilled Cod with Lemon & Butter Fish Tacos Paprika Spiced Grilled Cod with Mango Salsa Panko Breaded Cod



(113g)

1%

0%

17%

15%

0%

0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

Serving size

Amount Per Serving

Saturated Fat 0g

Total Carbohydrate 0g

Dietary Fiber 0g

Trans Fat 0g

Cholesterol 50mg

Sodium 350mg

Protein 20g

Iron 0.4mg

Calories

Total Fat 1g

EXPLORE MORE AT www.tradexfoods.com

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