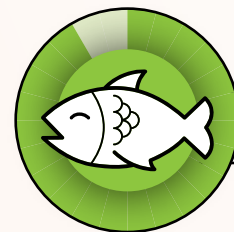




*Wild Caught*  
**HADDOCK**

**A Lean, Snow White Protein - Great for  
White Table Cloth and Fish and Chips**



**HIGH**  
Sustainability  
MSC Certification

**SINBAD** Value Added - Value Quality  
Value Priced - Produced in Asia





# SINBAD HADDOCK



SINBAD *Wild Caught* Haddock are premium quality, value priced and processed in Asia. Haddock is a popular whitefish with a sweet mild flavor, a firm texture with a great flaking quality - and it's white meat becomes even whiter when cooked. Haddock is a versatile whitefish that is often used as a substitute for Atlantic Cod, Monkfish or Sea Bass.

## TARGET APPLICATIONS

- Buffets
- Center of Plate
- Staff Meal Solutions

## FEATURES & BENEFITS

- Premium Quality Raw Materials
- Processed Under Strict Supervision
- 100% Net Weight Guarantee
- A Versatile Value Priced Protein



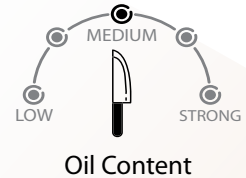
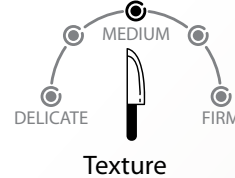
SINBAD products are either wild caught or sustainably farm-raised and is the essential product line for the value priced market.

SINBAD products come from the finest raw materials with exceptional harvesting and processing standards - 100% Net Weight, Accurate Piece Counts, No Folded Bellies or Tails. **Our industry best 7-Step Quality Control Process** delivers comprehensive inspections at every stage of processing.

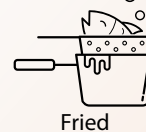
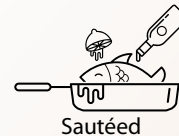
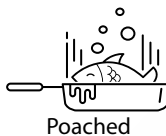
CLICK OR SCAN TO CONNECT WITH A TRADEX REP.



## CULINARY COMPOSITION



## COOKING METHODS



## Nutrition Facts

Serving size	(113g)
Amount Per Serving	<b>80</b>
<b>Calories</b>	
% Daily Values*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 240mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 19g</b>	<b>38%</b>
Vitamin D 0.5mcg	2%
Calcium 12mg	0%
Iron 0.2mg	2%
Potassium 320mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## FORM

LOINS

FILLETS

FILLETS

## SIZES

3oz, 4oz, 5oz, 6oz

6-8oz, 8-10oz, 10-12oz

6-8oz, 8-10oz, 10-12oz, 12oz UP

## SPECS

IQF

IQF, SKLS

IQF, Skin-On

## PACK

1x10LB

1x10LB

1x10LB



EXPLORE MORE AT  
[www.tradexfoods.com](http://www.tradexfoods.com)

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