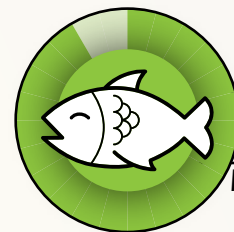




Wild Caught
SOLE

**A Great Quality Whitefish for Value-driven
and Center of Plate Dining Applications**



HIGH
Sustainability
MSC Certification



**Value Added - Premium Quality
Natural - Produced in Asia**





SINBAD Gold SOLE



SINBAD Gold *Wild Caught* Sole are premium quality, naturally preserved and processed in Asia. Our SINBAD brand Sole are produced using Rock Sole, Flathead Sole and Yellowfin Sole. In general these Sole have a sweet mild flavor, are delicate to medium texture with small flakes, and medium oil content. Sole is a great quality whitefish that can be used in value-driven and center of plate dining applications in markets all over the world.

TARGET APPLICATIONS

- Buffets
- Center of Plate
- Staff Meal Solutions

FEATURES & BENEFITS

- Premium Quality Raw Materials
- **Naturally Preserved**
- Processed Under Strict Supervision
- 100% Net Weight Guarantee



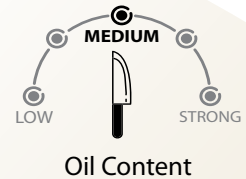
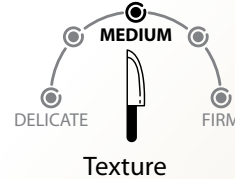
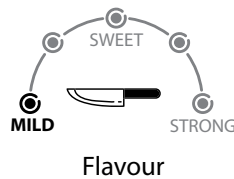
SINBAD products are either wild caught or sustainably farm-raised and is the essential product line for the value priced market.

SINBAD products come from the finest raw materials with exceptional harvesting and processing standards - 100% Net Weight, Accurate Piece Counts, No Folded Bellies or Tails. **Our industry best 7-Step Quality Control Process** delivers comprehensive inspections at every stage of processing.

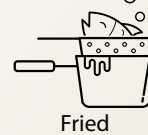
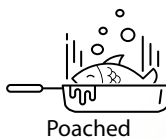
CLICK OR SCAN TO CONNECT WITH A TRADEX REP.



CULINARY COMPOSITION



COOKING METHODS



Nutrition Facts

| | |
|------------------------------|----------------|
| Serving size | (113g) |
| Amount Per Serving | |
| Calories | 80 |
| | % Daily Value* |
| Total Fat 2g | 3% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 50mg | 17% |
| Sodium 90mg | 4% |
| Total Carbohydrate 0g | 0% |
| Dietary Fiber 0g | 0% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 14g | 28% |
| Vitamin D 6.4mcg | 30% |
| Calcium 31.2mg | 2% |
| Iron 0.198mg | 2% |
| Potassium 244mg | 6% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MENU IDEAS



- Baked Sole Fillet on Barley & Vegetable Brunoise on Saute Mustard Sauce
- Deep Fried Lemon Sole with Cucumber Salad and Lime Mayo
- Pan-roast Sole Fillets with Sea Vegetables and Parsley Oil



EXPLORE MORE AT
www.tradexfoods.com

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